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## "A must for horse lovers."

—KENNY RICE, NBC Sports

### WINNING WITH HORSES

How One of the Best Polo Players of All Time and a Sport Horse Veterinarian Balance Human Goals with Equine Needs

SHELLEY ONDERDONK, DVM and ADAM SNOW

Trafalgar Square Books is pleased to announce the release of *Winning with Horses* by Shelley Onderdonk and Adam Snow.

Is it possible to be simultaneously passionate about winning in an equestrian sport and about the welfare of horses? Professional polo player Adam Snow and sport horse veterinarian Shelley Onderdonk answer this undeniably twenty-first-century question with a resounding, "Yes!" They have spent a lifetime together, nurturing Adam's astounding career at the top of his sport (he is the last American polo player to achieve the perfect 10-goal handicap) with the artful, conscientious care and training of the equine partners he needed to be the best. And Shelley's twenty-five years as an equine veterinarian have been spent helping sport horses compete at the highest levels in other disciplines, as well, while always prioritizing long-term health and well-being.

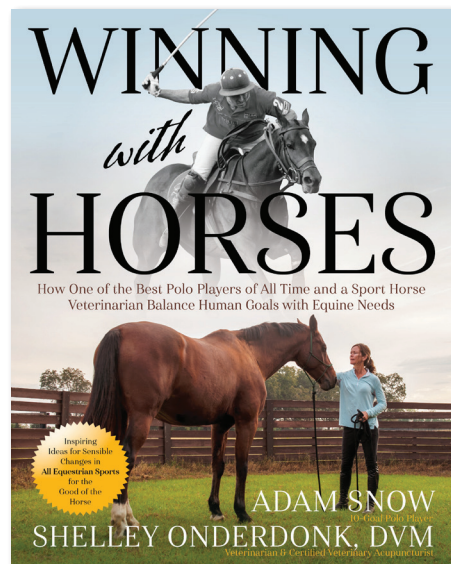
In these pages, Adam and Shelley share the keys to their success, and the struggles and celebrations that taught them along the way. Smart, engaging, and honest, this book is the answer to the online debates and boardroom arguments. With intelligence and experience, the authors provide the much-needed antidote to the dark side of horse sports. "Our story is an explicit acknowledgment that doing good for the horse is good for results in the competitive arena," they write. "Our task is to explain our method, and yours is to prove that it can be replicated."

**SHELLEY ONDERDONK, DVM** was born and raised in San Mateo, California. She is a graduate of Yale and the University of Georgia, and has continued her medical education through the International Veterinary Acupuncture Society and The Chi Institute. She has run her own integrative veterinary practice since 1998. **ADAM SNOW** grew up in Hamilton, Massachusetts, and received a BA from Yale. He played polo professionally for 34 years, achieving the highest rating of 10 goals in 2003. Career highlights include winning two US Open titles, competing in the Argentine Open in 1998 and 2004, winning multiple Best Playing Pony prizes for his horses, and twice being named Player of the Year. He was inducted into the Polo Hall of Fame in 2014. Retired from tournament polo, he now gives back to the sport via coaching, mentoring, writing, and announcing polo games for television.

"Full of thoughtfulness, empathy, and a progressive outlook that is valuable in any kind of life with horses."

—DAVID O'CONNOR

USEF Chief of Sport, Former USEF President, Individual Gold and Team Silver and Bronze Olympic Medalist



248 pp • 7¼ x 9¼ • 76 color photographs • 978 1 64601 172 8 • \$29.95 pb

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